

State of Maine
Comprehensive
HIV Prevention Plan

2004 ~ 2008

2008 Updates



**Maine HIV
Prevention Community Planning Group**

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2008 Update Comprehensive HIV Prevention Plan

Overview

In updating the plan for 2008, the CPG reviewed the status of the current plan (2004-2008) in relation to updated information. The CPG also did an in-depth analysis of the plan as it related to the PLWH/A population. For the purpose of annual plan updates, the CPG's intention is to review summary information related to the entire plan and, during the same period, conduct an in-depth analysis of one of the prioritized populations. With four prioritized populations, the CPG expects to complete in-depth analyses of each population in a four-year cycle and create a new comprehensive plan during the fifth year based on the preceding four years work

Update

In preparation for the 2008 Update to the Maine HIV Prevention Comprehensive Plan, the CPG reviewed the following key forms of information:

- The most recent *Maine Epidemiological Profile 2004-2005*,
- *The State of Maine 2007 HIV / AIDS Epidemiological Profile*
- Update on epidemiological data, focusing on recent trends, 2002-2007,
- Epidemiological data for *People Living with HIV / AIDS*, focusing on recent trends, 2002-2007,
- The results of the interventions during 2006,
- Demographic characteristics of people receiving HIV prevention services during 2007,
- The *2007 CPG Needs Assessment on PLWH/A*,
- Feedback from HIV prevention providers on the plan and interventions.

Conclusions and Recommendations

Priority Populations: The epidemiological data about the risk populations has remained fairly constant over time in Maine. There are no changes to the prioritized populations recommended at this time. Even though the CPG does not prioritize based on age, the data still clearly points to the 30-49 age group as being at highest risk for new HIV infections. A slight increase in new diagnosis in the Latino population was noticed. We will continue to monitor *Females at High Risk* and *IDU* to see if increasing numbers of heterosexual diagnoses will warrant a change in the prioritization for the next update.

Priority Regions: The regional epidemiological data has remained fairly constant over time in Maine. There are no changes to the prioritized regions recommended at this time. The CPG will closely monitor the regional trends especially paying attention to the southern and central regions.

Priority Interventions: There are no changes to the prioritized interventions recommended at this time. However, the following areas of focus among existing prevention activities are recommended:

- All prevention activities should address *prevention for positives* as a normal and non-stigmatizing message and practice.
- Prevention activities should include components that reduce the stigma of living with HIV.
- Prevention messages should include role models that are locally and nationally recognized as HIV positive.
- Increase effective promotion and advertising of existing interventions to better assure participation in prevention activities.
- Prevention activities should promote community building with in each of the prioritized populations.
- Increase prevention services in the Lewiston-Auburn and Mid-Coast areas.
- Increase awareness of testing and prevention messages available on the internet and through existing media.

**MEMBERSHIP REPRESENTATION
DECEMBER 2008**

Primary Prioritized Population Groups	Current Members	Gender	Regional Representation
PLWHA	7	5 Males 2 Females	6 Central 1 Southern
Males who have Unsafe Sex with Males(MSM)	8	8 Males	2 Northern 4 Central 2 Southern
Injection Drug Users who share needles and injection equipment(IDU)	1	1 Male	1 Central
Heterosexual Females who have Unsafe Sex(HET)	2	2 Females	1 Central 1 Southern
TOTAL Community Members	11	8 Males 2 Females	2 Northern 6 Central 2 Southern
MECDC Member	1	1 Male	State of Maine

Race	#	HIV +
White	8	64% of total members are people living with HIV/AIDS
African American	1	
Asian		
Pacific Islander		
Native American	1	
Multi Racial		
Hispanic	1	